



## **Intent, Implementation & Impact Report for Physical Education (PE)**

### **Intent**

Oldfield Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills that will keep them active and healthy. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at Oldfield, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

### **Implementation**

- PE at Oldfield Primary School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventurous activities.
- The PE curriculum map sets out the PE units which are to be taught throughout the years and ensures that the requirements of the National Curriculum are fully met and that progression is clear year on year.
- Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term; one indoor based the other outside. In addition, children are encouraged to participate in the varied range of extra-curricular activities. Before school, Lunch time clubs and after school sport clubs are available throughout the week.
- Expert coaches come into the school every term to help teach the children and offer CPD to the staff at the same time. We have a dance specialist, a cricket specialist and tennis specialists working with the school every year.
- Children are invited to attend competitive sporting events within the local area and further if success dictates. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Each year 2 Sports Captains are appointed after an interview process and then a group of Year 6 children are invited to become Sports Leaders to work with the Sports Captains. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day, a KS1 Sports morning and any other Sporting activities.
- Oldfield offer various opportunities to different pupils throughout the year to develop, improve their fitness and to try something new. For example skipping, Orienteering, Rollerski and Circus skills
- Children in Year 1,3 and 5 swim once a week for a term each to ensure that by Year 6 they are all able to swim 20m and perform self-rescue.
- Every pupil in school takes part in the "Daily Mile", to help meet the government target of all children being active for at least 60 minutes a day.

### **Impact**

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health, fitness and safety (particularly water safety) and many of whom also enjoy the success and disappointments of competitive sports. We equip our children with the necessary skills and a love

for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through the quality and enthusiasm with which PE is taught here at Oldfield.