

PSHE Overview – Oldfield Primary School

Year Group/Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Core Theme	Families and	Friendships	Living in the wider world		Health and wellbeing	
Reception*	Starting School & Rules Super Me	How I Feel	Being Safe in Our Community My Body	Me & My World	Reach for the stars Working Together	Positive Relationships Transitions
Year 1	VIPS	Be Yourself	One World	Diverse Britain	Safety First	Think Positive
Year 2	TEAM	Digital Well Being	Money Matters	Aim High	Growing Up	It's My Body
Year 3	VIPS	Be Yourself	One World.	Money Matters	Safety First	It's My Body
Year 4	TEAM	Digital Well Being	Diverse Britain	Aim High	Think Positive	Growing Up
Year 5	Be Yourself	TEAM	One World.	Aim High.	Growing Up	It's My Body
Year 6	VIPS	Digital Well Being	Money Matters	Diverse Britain	Safety First	Think Positive

^{*}PSHE in EYFS is referred to as: Personal, Social and Emotional Development for which there are the following Early Learning Goals (ELGs) which run concurrently across the whole year:

Reception
ELGs

ELG: Building Relationships

- Work and play cooperatively
- -Turn taking
- Form positive attachments to adults and friendships with peers;
- Show sensitivity to their own and to others' needs

ELG: Self-Regulation

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

ELG: Managing Self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;
- Explain the reasons for rules, know right from wrong and try to behave accordingly;
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.