



PSHE Overview 2025/26– Oldfield Primary School

Year Group/Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Core Theme	Families and Friendships		Living in the wider world		Health and wellbeing	
Reception*	Starting School & Rules Super Me	How I Feel (Zones of Regulation) Positive Relationships	Working Together	Being Safe in Our Community	My Body	Me and My World (Transitions)
Year 1	VIPS	Be Yourself	One World	Diverse Britain	Safety First	Think Positive
Year 2	TEAM	Digital Well Being	Money Matters	Aim High	Growing Up	It's My Body
Year 3	VIPS	Be Yourself	One World	Money Matters	Safety First	It's My Body
Year 4	TEAM	Digital Well Being	Diverse Britain	Aim High	Think Positive	Growing Up
Year 5	Be Yourself	TEAM	One World	Aim High	Growing Up	It's My Body
Year 6	VIPS	Digital Well Being	Money Matters	Diverse Britain	Safety First	Think Positive

*PSHE in EYFS is referred to as: Personal, Social and Emotional Development for which there are the following Early Learning Goals (ELGs) which run concurrently across the whole year:

<p>Reception ELGs</p>	<p>ELG: Building Relationships</p> <ul style="list-style-type: none"> - Work and play cooperatively - Turn taking - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs 	<p>ELG: Self-Regulation</p> <ul style="list-style-type: none"> - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. 	<p>ELG: Managing Self</p> <ul style="list-style-type: none"> - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Explain the reasons for rules, know right from wrong and try to behave accordingly; - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.
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